**« ( BreAnna / 1 Shot / Cam 3 ) »**

 For thanksgiving we all want a hot turkey on the table, but if you want to go COLD turkey; you can quit smoking on November

 15.

 Insight's Kelsey Semien has the story.

**« Take PKG Runs.. 1:37 ..std outcue"**

 **»**

**« Compix Locator - CG#: $$$$**

**University District »**

**« Compix Name Super CG#: $$$$ (Take at: 13)**

**Kelsey Semien /InSight News »**

**« Take SOT Runs.. 0:18 ..the Journalism Building"**

 **"But alot of the times, you know, I find myself in the news room and I'm like 'hey I need a break'. Lets go downstairs and smoke a cigarett together. And we sit there- with the smoking band going on it's a lot harder to find a place to smoke, but I choose the back patio behind the jourtnalism building." »**

**« Compix Name Super CG#: $$$$ (Take at: 54)**

**Chris Whitten /Helmsman Editor »**

**« Compix Name Super CG#: $$$$ (Take at: 120)**

**Chelsea Boozer /Editor »**

**« Take SOT Runs.. 0:05 .."**

 **"We would go out and he would buy a pack of cigaretts, and we would always tell him, 'you know you shouldn't be buying that.'" »**

**« ( BreAnna / 1 Shot / Cam 3 ) »**

 For more information on the Smoke Out Day or The American Cancer Society visit their website at www dot cancer dot org.